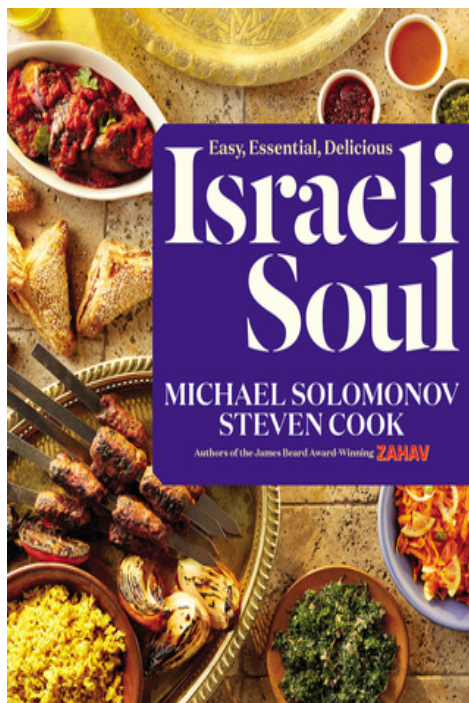


Obtenir un livre Israeli Soul: Easy, Essential, Delicious

By Michael Solomonov



A horizontal banner with a green grass background. On the left, there is a white icon of an open book. The text 'eBooks' is written in white above the book icon. To the right of the icon, the text 'Unlimited eBooks' is written in white. Further to the right, there is a blue rectangular button with the text 'Read Now' in white, followed by a white right-pointing arrow.

Books Details

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Books Descriptions

For their first major book since the trailblazing *Zahav*, Michael Solomonov and Steven Cook go straight to the food of the people—the great dishes that are the soul of Israeli cuisine. Usually served from tiny eateries, hole-in-the-wall restaurants, or market stalls, these specialties have passed from father to son or mother to daughter for generations. To find the best versions, the authors scoured bustling cities like Tel Aviv, Jerusalem, and Haifa, and sleepy towns on mountaintops. They visited bakeries, juice carts, beaches, even weddings. Their finds include meals in the hand like falafel and pita; juicy, grilled and roasted spice-rubbed meats; stuffed vegetables; a wealth of chopped vegetable salads; a five-minute fluffy hummus with more than two dozen toppings; pastries, ice creams, and shakes. Solomonov has perfected and adapted every recipe for the home kitchen. Each chapter weaves history with contemporary portrayals of the food. Striking photographs capture all its

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